

WHO IS IT FOR?

The Level Up Leadership Program is designed with new leaders in mind. However, this series of workshops is truly for any leader who has a growth mindset and is excited to grow personally and professionally. Each training program syllabus can be adjusted based on the goals of each cohort. What makes this program particularly unique is that each participant gets to experience one-on-one coaching, providing an opportunity to set personal goals, process, experiment and practice the workshop topics in a safe environment.

SAMPLE 5-MONTH AGENDA

Total Duration: 3-5 months
Maximum: 5 participants
Each workshop: 90 minutes
Each coaching session: 55 minutes



Reach out for a complimentary discovery session to learn more about the Level Up Leadership Program!

WEEK 1 **Workshop:** Self-awareness and EQ in leadership

WEEKS 2 & 3 Individual coaching with each participant

WEEK 4 **Workshop:** Building trust

WEEKS 5 & 6 Individual coaching with each participant

WEEK 7 **Workshop:** Communication

WEEKS 8 & 9 Individual coaching with each participant

WEEK 10 **Workshop:** Coaching, feedback, and discipline

WEEKS 11 & 12 Individual coaching with each participant

WEEK 13 **Workshop:** Goal setting and having a vision

WEEKS 14 & 5 Individual coaching with each participant

WEEK 16 **Workshop:** Hiring and interviewing

WEEKS 17 & 18 Individual coaching with each participant

WEEK 19 **Workshop:** Wrap up and next steps